

Family HealthCare Clinic CareNotes

Vol 1, 2022



Family
HealthCare Clinic

Diabetes Screening Healthcare Special

\$20 appointment +

\$5 A1C screening

\$25 Diabetes Check-Up



Been awhile since you checked your A1C? We can help!

Family HealthCare Clinic is now offering rapid A1C checks. An A1C is a simple blood test that measures your average blood sugar level over the past two to three months. Testing your A1C can let your healthcare provider know if you are diabetic or pre-diabetic.

Currently, you can get an A1C test and an appointment at Family HealthCare Clinic for \$25. This project is sponsored by Arvest Bank and Bartlesville Rotary!

FREE breast cancer screening available!

A hallmark of the clinic is the Coupons for Free Mammogram program. Patients receive a breast exam at the clinic and are given an appointment and a coupon for a FREE mammogram. In 2021, we gave 64 people free mammograms worth \$52,800 in out-of-pocket savings. This program is funded by the annual Miles for Mammograms 5K/2K fundraiser.

In addition to the free mammogram program, the clinic is also part of the State of Oklahoma Take Charge! program. Take Charge! is Oklahoma's Breast and Cervical Cancer Early Detection Program (BCCEDP). The mission of Take Charge! is to provide women with information and access to screening services in order to reduce morbidity and mortality from breast and cervical cancer. To see if you qualify for Take Charge!, call 1-888-669-5934 and speak to a patient navigator.



Take Charge!

Early Detection Saves Lives



Teen Pregnancy Prevention Fast Facts

Fact 1: Every teen has an important decision to make about sex. If we can help them delay sex, their risk factors for pregnancy and STDs decreases.

Fact 2: If a teen delays sex by just a few years, sex can become part of a natural healthy, committed relationship - potentially for the rest of their life!

The Family HealthCare Clinic has been providing Teen Pregnancy Prevention classes in Dewey and Nowata schools for over 20 years!

The mission of Family HealthCare Clinic is to provide quality, affordable healthcare and health education to individuals of all ages, regardless of medical insurance.

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For your lending needs, contact me today.

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